

Pathlight Meditation.
News Letter April-May 2024



Hope in the bleak landscape

There are rays of hope on humanity's bleak landscape. Small strong and flourishing flowers of hope are beginning to appear. I speak of the many groups of people and individuals who are looking for a better way to live, turning the tide that people may be able to creatively and lovingly enjoy their lives. We have been given all this life. It is time to begin to look at the multitude of obstacles that are in the way. This is a very long term project because the change must come from within each person. More rules and regulations just create more stress and confusion. This is the subtle change on the landscape. There is a movement towards empowering the individual to have the 'wherewithal' to revalue who they are, be able to take responsibility and to have a productive and enjoyable life.

If you follow the Guided Meditation YouTube link it will take you to the Nova Network YouTube site. Posted here are the video recordings of the Nova Institution's Conferences, Videos, and Campfires - Short intense presentations for People Places and Planet. It is so good to see foundations for tomorrow being prepared.

<https://www.youtube.com/@Nova.Network/videos>

Pathlight Meditations

We are very pleased that our recordings are being posted on the Nova Network. They are well received. We are printing the YouTube link with our email recordings. You may prefer to open those. Please pass them on, as many are seeking solutions.

Bridging Recordings

I have the opportunity to speak to a Church congregation on Sundays. I am able to broaden the old story and make it more relevant to our current way of thinking. There is a lot of wisdom available from places and times when

life was less stressful and far less complicated. With our modern practises of meditation and mindfulness for busy people, much of this is relevant and available for us to apply. The theme is neutral, though the language is traditional.

We record the relevant reading, the talk, a mini meditation and then move into a new form of 'prayer' that is sending light and love. We touch on this at the end of our guided meditations.

If you would like to receive these recordings let us know and we will add your email address to our mail out.

pathlight@iinet.net.au

Website

We are structuring a new website. It gives information about Pathlight Meditation, who we are, our purpose. The Guided Meditations with the YouTube reference are included. We are also posting shorter Guided Meditations for busy people. There are other interesting posts and pages. It is still being worked on and even when finished, it will definitely be a 'work in motion' as more information will be added.

<https://www.pathlight.au>

The old website still under reconstruction:

<https://www.pathlightwisdom.com/>

It is Time

We are, like others networking, collaborating and working together to awaken the hearts of people to the great need for kindness for the well being of People, Places, Planet and Prosperity for all. Our website and meditations are our contribution to add love and light to those 'wee flourishing flowers' of hope in the bleak landscape.

